# THE ROLE OF TUMOR MICROENVIRONMENT AND IMPACT OF CANCER STEM CELLS ON BREAST CANCER PROGRESSION AND GROWTH

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# ABSTRACT

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Breast cancer is not only a mass of genetically abnormal tissue in the breast. This is a well-organized system of a complexheterogeneous tissue. Cancer cells produce regulatory signals that stimulate stromal cells to proliferate and migrate; then, stromal elements respond to these signals by releasing components necessary for tumor development that provide structural support, vasculature, and extracellular matrices. Developing tumors can mobilize a variety of cell types from both local and distant niches via secret chemical factors derived from cancercells themselves or neighboring cells disrupted by growing neo-plasm, such as fibroblasts, immune inflammatory cells, and endothelial cells. CSCs are a group of very few cells that are tumorigenic (able to form tumors) and are defined as those cellswithin a tumor that can selfrenew and lead to tumorigenesis. BCSCs represent a small population of cells that have stem cellcharacteristics and are related to breast cancer. There are different theories about the origin of BCSCs. BCSCs are responsible for breast carcinoma metastasis. Usually, there is a metastatic spread to the bones, and rarely to the lungs and liver. A phenomenon that allows BCSCs to make the transition from epithelial to mesenchymal expression and thus avoid the effect of cytotoxic agents is the epithelial-mesenchymal transition (EMT). During this process, cells change their molecular characteristics in terms of loss of epithelial characteristics taking the mesenchymal phenotype. This process plays a key role in the progression, invasion, and metastasis of breast tumors.

*Keywords*: Cancer stem cell, tumor microenvironment, breast cancer stem cell, resistance to conventional therapy.

## INTRODUCTION

The tumor is a tissue mass resulting from its abnormal growth. Conventionally, this mass is classified as a benign, malignant, and so-called tumor in situ. Until the formation of a tumor, cells go through specific stages of metaplasia and dysplasia. However, not always do metaplasia and dysplasia finally result in the creation of a neoplasm (1-3).

Analogously to the above, breast cancer is formed as a result of breast tissue cells' abnormal growth. Breast cancer is not only a mass of genetically abnormal tissue in thebreast. This is a well-organized system of complex heterogeneous tissue (4). This heterogeneity in the tissue and understanding of cancer as a heterogeneous disease that helps to understand disease progression and treatment failure (5). Cancer cells produce regulatory signals that stimulate stromal cells to proliferate and migrate; then, stromal elements respond to these signals by releasing componentsnecessary for tumor development that provide structural support, vasculature, and extracellular matrices (6). It is increasingly appreciated that tumor stroma crosstalk is an important event for cancer initiation, growth, and progression (7). Developing tumors can mobilize a variety of celltypes from both local and distant niches through production of chemical factors derived from cancer cells themselves or neighboring cells disrupted by growing neoplasm, such as fibroblasts, immune and inflammatory cells, and endothelial cells. This assortment of cells and moleculestogether comprises the tumor microenvironment (TME)(8). TME is composed of extracellular matrix (ECM) andmany distinct cell types, including carcinoma associated fibroblasts (CAFs), tumor associated macrophages(TAMs-M2), cancer stem cells (CSCs), mesenchymal stemcells (MSCs), myofibroblasts, smooth muscle cells, endothelial cells and their precursors, pericytes, neutrophils, eosinophils, basophils, mast cells, T and B lymphocytes, natural killer cells (NK), and antigen presenting cells (APC) such as macrophages and dendritic cells (Figure 1). These non-tumor cells have important roles not only in tumor initiation, progression, and metastasis but also in therapeutic resistances (9-11).

In breast cancer, the most frequent component of tumor stroma is CAFs. There are many hypotheses about theorigin of CAFs (12). The dominant role of CAF in tumor tissues is to increase the expression of matrix metalloproteinase-14 (MMP14) and MMP9 activity, which promote tumor invasion and metastasis (13, 14). Besides the origin, these cells differ by expressing different surface markers which are mainly dependent on the tissue origin. In breastcancer, important CAF markers are fibroblast activation protein (FAP) and a combination of platelet-derived growth factor- $\alpha$  and  $\beta$ receptor (PDGFR-  $\alpha$  and  $\beta$ ) and  $\alpha$ -smooth muscle actin ( $\alpha$ -SMA) (13). However, some studies have demonstrated that CAF can promote tumor progressionin other ways. It has been demonstrated that CAF-derivedCCL2 increases number of breast cancer stem cells (CSCs)which promotes metastasis (15).

Many immune cells, such as macrophages, NK cells, regulatory T cells (Tregs), myeloid-derived suppressor cellshave also been implicated in breast cancer development (16). Macrophages can alter their polarization state from M1 to M2 (17). "Alternatively-activated" M2 macrophages produce anti-inflammatory cytokines like IL-10 and express non-inflammatory chemokines CCL17, CCL18, CCL22, CCL24 and have pro-tumorigenic functions (18). TAMs are mostly M2 macrophages populations that are either tissue-resident or derived from peripheral reservoirssuch as the bone marrow and spleen. The role of TAMsin breast cancer is to promote immunosuppression, neo angiogenesis, and tumor cell migration and invasion (19). TAMs accumulate in regions of hypoxia which regulate the expression of M2-related genes that promote angiogenesis. By the production of vascular endothelial growth factor A (VEGF-A) and placental growth factor (PIGF), TAMs induce neo angiogenesis. TAMs-derived epidermal growth factor (EGF) and proteases, such as cysteine cathepsins, promote tumor progression and invasion (16). Studies show that a decrease of mammary tissue macrophages and an increase of TAMs in patients with breast cancer is a badprognostic sign (20).

The suppression and evasion of the host immune system during the progression of tumors can be achieved even through inhibition of effector immune cells or via stimulation of immunosuppressive cells. Myeloid-derived suppressor cells (MDSCs) and Treg cells suppress host immune system and contribute to tumorigenesis through enhancement of tumor immune evasion (21). MDSCs are immature myeloid cells witch derange tumor- associated antigen presentation, the polarization of macrophage, andthe activation of cytotoxic T cells and NK cells. Besides these functions, it has been shown that Treg cells can produce VEGF-A and induce neo angiogenesis. A high number of Treg cells in TME reduces the survival rate of breastcancer patients (17).

NK cells are important immune cells in anticancer immune response. NK cells control tumor initiation; however, they undergo crucial alterations during cancer progression (22). In tumor microenvironment, different factors have aneffect on the phenotype and function of these cells (23). There are two subpopulations of NK cells in tumor stroma, tumorinfiltrating natural killer cells (TINKs) and tumor-associated natural killer cells (TANKs). TINKs and TANKs have changed cytokine expression and increased levels of pro-angiogenic factors important for neo angiogenesis and tumor progression (19).

Myofibroblasts are cells with the characteristics of myoblasts and fibroblasts which have an important role inbreast cancer progression and invasion. Genes expressed in tumor myofibroblasts encode chemokines CXCL12 andCXCL14, important in breast cancer progression. CXCL12have a role in the earlier stages of breast tumorigenesis, while CXCL14 probably participate in inflammation (24).



MSCs are multipotent cells that are capable of modulating tumor microenvironment and have an immunomodulatory function. Through these functions, these cells supportbreast cancer growth and progression (25). The immuno-modulatory function is dominantly immunosuppressive and includes changing of immune responses from Th1 to Th2 orinduction of Treg production and proliferation (26).

BCSCs have been associated with tumor initiation, progression, metastasis and resistance to conventional therapy. These small subpopulation of cells inside the tumor mass can be influenced by the other components of tumor microenvironment through complex interactions.T cells and CAFs from breast cancer microenvironment can both induce and inhibit BCSCs. Treg produce factors such as VEGF and TGF- $\beta$  which promote cancer stemnessand BCSC expansion and effects of the tumor microvasculature and angiogenesis (27). Loss of Tissue Inhibitor of Metalloproteinases (TIMP) by CAF through activation of Notch signalling pathway and upregulation of typical BC- SCs markers increase the formation of distant metastasis. BCSCs express reduced levels of NK ligands what is BC- SCs mechanism for immune escape and also is connected with metastatic spread (28). Other cells including TAMs, MSCs and endothelial cells have effects on BCSCs throughnetworks of cytokines and growth factors. Notch, Hedgehog, Wnt, PI3K, NF-KB, and Jak/STAT stem cell regulatorypathways in breast cancer are most often dysregulated by signals from the tumor microenvironment. Notch signalling pathway regulate the selfrenewal of BCSCs. TAM-derived factors promote BCSCs selfrenewal and maintenance, as well, BCSC-derived factors induce protumor signals in TAMs (29).

Although, breast cancer tissue is composed from desciped cells, it has been noted that different tumor cells may show differences that can be reflected in the cell morphology, gene expression, metabolism, movement, proliferation, and metastasis (30). This functional heterogeneity among cancer cells has led to the creation of at least two models, which have been put forward to account for heterogeneityand differences in tumor-regenerative capacity: the cancerstem cell (CSCs) and clonal evolution models (31).

Under normal conditions, it has been observed that stem cells create a new stem cell and a progenitor cell. In this situation, the progenitor cell provides a differentiated cell. Either by the influence of direct mutations or the effect of external factors, cells enter into a dedifferentiation process and lose their specificity and, as such, these cells can lead to the formation of cancer stem cells (32). Also, certain cells may end the differentiation process before the progenitor cell whose mutations can still lead to CSCs (Figure 2).





It has been proven for many tumors that de novo mutations and events lead to the formation of BCSCs. Biologicalcharacteristics of BCSCs are various. Thanks to the specific mutation within tumor cells and its nature, BCSCs frequency, cellsurface phenotype, and drug sensitivity may vary. Also, tumor progression will depend on the tumor itself, i.e. its pathogenesis or a decisive challenge for chemotherapy, which is responsible for BCSCs biology (33).

BCSCs are a group of very few cells that are tumorigenic (able to form tumors) and are defined as those cells within a tumor that can self-renew and lead to tumorigenesis. There are two models of tumors development and growth described so far. One of these models is BCSCs model and it postulates a hierarchical organization of cellssuch that only a small subset is responsible for sustaining tumorigenesis and establishing the cellular heterogeneity inherent in the primary tumor (34).

On the other hand, the clonal evolution model claims that all cells within a tumor do their bit in varying degrees omaintain a tumor (35). In this model, a number of genetic and epigenetic changes occur over time, leading to the result that the most aggressive cancer cells are ultimately liable for breast tumor progression. The initial tumor cell evolution may occur by two methods: linear and branched expansion (36).

### **BREAST CANCER STEM CELLS (BCSCS)**

Previous studies results demonstrated that the processes of breast tumors initiation, progression, and proliferation occur thanks to the small group of BCSCs which is able to self-renew and differentiate (37). Features of BCSCs are the result of the impact of complex molecular mechanisms or microenvironment (38, 39). Cytokines and their impact on the BCSCs microenvironment are responsible for tumor heterogeneity and the so-called plasticity of BCSCs (40).

BCSCs represent a small population of cells that have stem cell characteristics and are related to breast cancer. There are different theories about the origin of BCSCs. Oneof them states that improper regulation or mutations may lead to the transformation of normal stem cells into breastcancer stem cells (BCSCs) (41). According to another, the "misplacement somatic stem cell" theory, BCSCs may originate from misplacement of somatic stem cells de novo (42). Evidence shows that somatic cells can be considered the BCSC origin. There are studies that suggest there are intratumoral lineages differentiated from common progenitor cells (43). BCSCs were isolated from breast tumor tissue and the cell was characterized as CD44+/CD24/low Lin phenotype (44). CD44 is a cell surface glycoprotein and a specific receptor for hyaluronan. It is a crucial element forbreast cancer adhesion, motion, migration, and invasion, and its interaction with osteopontin causes tumor progression. It has an important role in cell proliferation and tumor angiogenesis (38, 39). CD24, a second-surface glycoprotein expressed at low levels, increases tumor's abilityto grow and metastasize (38). However, one report shows that CD44+CD24- is not expressed in all breast cancer cellpopulations (45). The results of some studies show that CSCs is to identify the presence of very important ALDH markers (46). Aldehyde dehydrogenase 1 (ALDH 1) consists of a family of cytosolic enzymes involved in the oxidation of intracellular aldehydes and oxidizes retinol to retinoic acid during stem cells differentiation. ALDH1 plays arole in stem cells differentiation and its activity forecasts poorer clinical outcomes (47). The other markers that havebeen used to identify BCSCs include CD133, CD49fhi, andCD61 (48, 49). Although the list of CSCs markers grows, some researchers do not consider these markers suitable for identifying CSCs.

The immediate environment of the BCSCs consistsof a group of various cells and molecules which togetherforming a BCSCs niche. This niche provides adequatephysical and chemical conditions for the developmentof tumors (include fibroblast stimuli, immune cells, autocrine signals, and extracellular matrix (ECM) components, oxygen pressure, nutrients, and PH (50). Thosecells produce cytokines such as interleukin IL-1, IL-6, and IL-8, CXCL12, CCL2, and growth factors such as platelet-derived growth factor (PDGF), TGF- $\beta$ , TNF- $\alpha$ , EGF, vascular endothelial growth factor, and FGF that are responsible for tumor growth and progression (51). This is supported by studies which have shown that blockage of the IL-6 receptor can inhibit tumor metastasis and growth (52). The other results show that blockage ofTGF-β with IL-8 inhibition increases the number of BC-SCs in triple negative breast cancer and prevents tumorformation in preclinical models (53). This and other studies show that the cell niche content can and should be animportant point for a breast cancer targeted therapy (54). BCSCs are responsible for breast carcinoma metastasis.

Usually, there is a metastatic spread to the bone, and rarely to the lungs and liver (55). The basic molecules of the breast cancer target tissue are hyaluron and osteopontin that exhibit binding sites for the CD44 molecules in BCSCs(bone, brain, liver, and lung, bone marrow endothelium). Osteopontin is associated with a higher incidence of tumormetastasis and invasion (56).

A phenomenon that allows BCSCs to make the transition from epithelial to mesenchymal expression and thus avoid the effect of cytotoxic agents is called epithelial-mesenchymal transition EMT (57). During this process, cells change their molecular characteristics in terms of loss of epithelial characteristics taking a mesenchymal phenotype. This process plays a key role in the progression and invasion of metastasis breast tumors. Throughout EMT, some changes occur such as the shutdown of transcription and regulation of epithelial markers such as E-cadherin, and theappearance of mesenchymal markers such as vimentin, fibronectin, and N-cadherin. This leads to destabilization of structures and functions in these cells (58). This transformation leads to cancer cells migration and invasion. It hasbeen found that malignant cells with mesenchymal characteristics are more resistant to therapy and EMT provides an increase in the number of cancer stem-like cells (59). BCSCs are also responsible for a large

number of breast cancer subsets and have a great clinical significance (60). It is necessary to take into account the fact that tumor is heterogeneous and that the characteristics of BCSCs in one region may be an inadequate predictor for the outcome of the whole breast cancer (61). The results of many studies suggest the need for testing BCSCs as a prognostic factor for different types of breast cancer outcome (Figure 3).

Figure 3. Impact of BCSCs on tumor microenvironment and on progression and invasion of metastasis



# **RESISTENCE OF BCSCS TO CONVENTIONAL THERAPY**

Recent studies suggested that BCSCs posses inbred chemo-and radiation-therapy resistance mechanisms which allow them survive. Resistance of BCSCs to conventional therapy is providen by several mechanisms such as DNA damage repair, cell cycle checkpoint proteins activation, activation of self-renewal pathways or avoidance of apoptosis (62). Radiation induce cell death through DNA damage. All cells respond to DNA damage by activationof detection and repair mechanisms which includes ATM (ataxia telangiectasia mutated) and the checkpoint kinases, Chk1 and Chk2, initiating cell cycle arrest, repair of DNA or apoptosis. BCSCs use these mechanisms more rapidly than non-stem cancer cells and avoid radiation-induced cell death (63). Other potential radioresistance mechanisms is activation of Wnt/ $\beta$ -Catenin signalling pathway which promotes DNA damage tolerance. Jagged- 1 expression and the Notch signalling pathway have also been implicated as playing roles in radioresistance. In the mammary gland, Wnt/ $\beta$ -catenin, Notch and Hedgehog (Hh) signalling pathways induce stem cell self- renewal and theyare potential targets for therapy (64).

ATP-binding cassette (ABC)-G2 transporters, such as breast cancer resistance protein (BRCP-ABCG2) and MDRassociated protein-1 (ABCB1/MDRR1), class ofdrug transporters are often the cause of multidrug resistance. These transporters are expressed on normal stem cells and cancer stem cells and they are capable of pumpingout of these cells different substances, including cytotoxic drugs (65). Some clinical studies have been shown that another possible reason for chemotherapy and radiation therapy resistance can be high expression of CD44 and low expression of CD24 on breast cancer cells (66).

However, the clinical relevance of BCSCs in human breast cancer is still under debate. Also, the question arises as to whether there are any differences between BCSCs and tumor-initiating cells.

## CONCLUSION

Role of BCSCs is remarkable in tumor progression and metastasis. Extensive interactions among cancer stem cells, their microenvironments, and other present cells initiate a cascade of growth factors and inducing elements, which in turn influence cancer stem cell role in breast cancer. This population is resistant to conventional therapies due to enhanced membrane transport by specific protein transporters, specific mechanisms of DNA repair, and ROS scavenging systems, and the ability to detoxify cytotoxic drugs. Transcriptional factors, signalling pathways, and tumor suppressor genes act to maintain and amplify a state of stability. More studies are needed to investigate each of these aspects of BCSCs. And finally, the BCSCs as a key point of breast cancer should be subjected to a study in order to individualize the therapy directed to the system of a given breast cell carcinoma.

### **CONFLICT OF INTEREST**

The authors declare no conflicts of interest.

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None.

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